Adelphi University’s First Year Courses

One of the most exciting and intellectually challenging aspects of your first year at Adelphi will be your First Year Seminar (FYS). Each year faculty from across the University create seminar courses on topics we are passionate about. We design these three-credit seminars to exemplify how members of the academic community think about interesting ideas and problems. (In the pages that follow you will find brief descriptions of all available seminars.) Although the topics cover a wide range of human knowledge and research, each seminar gives you practice in taking responsibility for your own learning as you participate in the exchange of ideas that distinguishes collegiate education. Expect to challenge and to be challenged, to learn, share, and teach what you know among a tightly-knit community of seminar participants.

All seminars focus on reading college-level theoretical and primary material and learning to consider the underlying questions, implications, connections, and significance of the ideas you find there. Along the way, seminar participants become the teachers as you lead class discussions and give presentations on the ideas you will develop during the semester. This focus on reading, writing, and speaking well in public reflects our belief that such skills are crucial both to success in college and to effective citizenship and leadership.

Connected with every FYS is a one-credit First Year Orientation Experience (FOrE). This course is designed to acquaint students with the facilities and services that Adelphi offers students. It also will inform you of, and provide an opportunity for, discussion about Adelphi’s expectations of you. Even after summer orientation, first year students often have questions about Adelphi’s regulations, course requirements and expectations, about the many offices, support services, and other resources available to you, as well as about simply adjusting to college. The course provides students with the opportunity to talk with the faculty or staff member teaching it, with an experienced Adelphi student (called the PAL, for Peer Assistant Leader), and with fellow students about these aspects of college life.

Please note in the pages that follow that students who enroll in a particular seminar must also register for the corresponding one-credit FOrE class (this will become clear as you study the list). This requirement allows each student to get to know a group of students well, a process that, research has shown, helps students adjust to and succeed in college.

Welcome to Adelphi!
FIRST YEAR SEMINARS - Fall 2015

Please consult http://arts-sciences.adelphi.edu/ge-courses or go to E-campus, open CLASS, then Fall 2015 courses, and look under the department “Freshman Experience (0952)” for updates of course descriptions, staffing, scheduling, and availability.

Section 2

0952-110-002 – MW – 8:30-9:45am
Kathryn Krasinski, Adjunct Professor – Department of Anthropology

Exploring Humanity
Anthropology is the study of humans, past and present. Join us for an introduction to Anthropology through class discussions of readings and independent research. Students will bridge the natural and social sciences in a way that fosters engaged inquiry and strengthens learning skills at the university level.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-002, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-002 – F – 9:00-9:50am
Tara Amari, Assistant Registrar – Office of the Registrar

Section 3

0952-110-003 – MWF – 9:00-9:50am
Arli Middendorf, Adjunct Professor – Department of English

Fairy Tales, Folktales, and Their Contemporary Counterparts
This seminar will explore social and political issues that are inseparable from the genre. Students will write reaction papers to creative and theoretical texts, craft critical essays, create their own short tales, lead debates and conversations, as well as constructing professional academic presentations.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-003, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-003 – F – 10:00-10:50am
RoseAnne Russell, Executive Assistant to the Dean – College of Arts & Sciences

Section 4

0952-110-004 – MWF – 10:00-10:50am
Margaret Cassidy, Associate Professor – Department of Communications

Children, Media, and American History
Throughout American history, children have been fascinated by new media, while adults have worried about the impact new media might have on children’s lives. This course will look at media and American children of the past (such as dime novels, film, and comic books) as well as the present.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-004, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-004 – M – 9:00-9:50am
Debra Evans, Senior Associate Director – Student Financial Services
Section 5

0952-110-005 – MWF – 11:00-11:50am
Margaret Gray, Associate Professor – Department of Political Science
Politics of Human Trafficking
Students will understand the political, economic, and social context of trafficking, by exploring the role of migration, low-wage work, and race. Government and civil society response will be investigated and students will interpret major theoretical debates to evaluate anti-trafficking efforts. Offering global context, this course is U.S. focused.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-005, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-005 – M – 10:00-10:50am
Robert Otto, Professor - Exercise Science, Health Studies, Physical Education, & Sport Management

Section 7

*0952-110-007 – MW – 12:00-12:50pm
Jessie Klein, Associate Professor – Department of Sociology
& Anthony Torres, Adjunct Professor – Department of Sociology
Challenging United States Misery by Teaching Empathy
This course explores U.S. declines in happiness and friendship. Students, teachers, parents, spouses, and others are learning how to be empathetic—in part, as an antidote to an otherwise growing U.S. malaise. We will analyze important works and learn empathy skills—to gain insights into this fascinating zeitgeist.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-007, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-007 - M – 11:00-11:50am
Annette Uvena, Senior Coordinator of Academic Services – Academic Services and Retention

Section 8

0952-110-008 – MWF – 12:00-12:50pm
Jennifer Fleischner, Professor – Department of English
Reading New York City
This course introduces you to New York City through its writers and neighborhoods. We will read a range of literary works and watch films about New York City. Students will write often, go on walking tours, and take the initiative to discover New York for themselves.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-008, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-008 – W – 11:00-11:50am
Audrey Struber, Senior Clinical Educator – Learning Resource Program
Section 9
0952-110-009 – MW – 1:00-2:15pm
Rita Verma, Associate Professor – Ammon School of Education
**Human Rights and Social Justice: Activism and Awareness**
This course examines the challenges we face and have faced in efforts to promote justice and explores the ways that people, acting together, have changed the world. We will look at both local and global human rights issues. Our specific focus will be on globalization and human rights around the world with the goal of developing enhanced global citizenship skills.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-009, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-009 – M – 12:00-12:50pm
Erin Raia, Director of Undergraduate Programs – Willumstad School of Business

Section 10
0952-110-010 – MW – 2:25-3:40pm
Martha Cooley, Associate Professor – Department of English
**The Short Story at Home and Abroad**
In this seminar we will read contemporary short stories, including “flash” fictions, written by American authors and by writers from around the world (in English and in translation). We’ll consider the subjects and themes these stories tackle, their structures, and the lively qualities of language that make each work special.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-010, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-010 – M – 1:00-1:50pm
Martha Cooley, Associate Professor – Department of English

Section 12
0952-110-012 – MW – 2:25-3:40pm
Diane Caracciolo, Associate Professor – Ammon School of Education
**Becoming Human**
Through reading, writing, and conversation, we will explore our humanity. Students will be given the opportunity to select one of their reading assignments from a range of options. Panel discussions, a social justice project, and a simulated courtroom experience will provide lively opportunities for teamwork and individual expression.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-012, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-012 – W – 1:00-1:50pm
Lauren LaVoie, Coordinator of Education Curriculum Services – Learning Resource Program
Section 13
0952-110-013 - TR – 12:15-1:30pm
Lyudmila Bryzzheva, Associate Professor – Ammon School of Education
Identity and Restorative Justice: Survival and Beyond
Via personal narrative, case studies, film and literature, students learn about construction and destruction of identity. The focus will be on racial, ethnic and class categories, and on developing plans of action to bring class lessons into their spheres of influence. Restorative justice practice is introduced throughout the course.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-013, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-013 – T – 9:25-10:15am
David Rodriguez, Administrative Assistant – Office of the Registrar

Section 15
*0952-110-015 – M – 1:00-2:15pm
Laraine Wallowitz, Associate Professor – Ammon School of Education
Gender Studies: New Media and Historical Text
We will learn why gender matters. Our exploration will connect current global issues with events occurring in the US, past and present, in order to resist and re-write the current definitions of what it means to be “male” and “female” and create positive change within ourselves and support the empowerment of women around the world.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-015, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-015 – W – 12:00-12:50pm
Darlene Darmiento, Senior Purchasing Agent – Office of Business Affairs

Section 16
*0952-110-016 – M – 3:50-5:05pm
Jacqueline Olvera, Assistant Professor – Department of Sociology
Poverty in the Land of Plenty
How is it that one in eight Americans live in poverty? This reality may seem distant from Garden City, yet nearby poverty is visible. Students will examine the causes and consequences of poverty and discuss anti-poverty programs. Students will examine how poverty is portrayed and interrogate assumptions about the poor.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-016, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-016 – M – 2:25-3:15pm
Anthony Maldonado, HR Generalist – Office of Human Resources
Section 17
0952-110-017 – MW – 4:30-5:45pm
Anne Gibbone, Associate Professor – Exercise Science, Health Studies, Physical Ed, & Sport Management

Exploring Technology’s Influence on Personal Fitness
We will examine research and practice regarding specific technologies and their impact on exercise attitudes and behavior. Various personal tracking devices and applications involving the role of fitness technology in home, work, and community settings will be analyzed. Students will participate in online learning projects, class discussions, and physical activity.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-017, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-017 – W – 2:25-3:15pm
Michael Spar, Associate Director – Office of Business Affairs

Section 18
0952-110-018 – TR – 1:40-2:55pm
Lyudmila Bryzzheva, Associate Professor – Ammon School of Education & Marsha Darling, Professor – African, Black, & Caribbean Studies

Spheres of Justice: Identity, Human Rights, and Global Responsibility
In this multidisciplinary course, students situate themselves as informed and engaged participants who connect personal and critical issues in our global world. Students explore the theoretical foundations of systems of oppression, social and restorative justice, and human rights issues and concepts through interactive lectures, dialogues, essential texts and original research.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-018, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-018 – T – 9:25-10:15am
Michelle Abbatiello, Assistant Registrar – Office of the Registrar

Section 19
0952-110-019 – TR – 9:25-10:40am
Kermit Frazier, Professor – Department of English

Drama and Disease
Through reading plays and viewing film adaptations, students will examine, discuss, and write about dramatic literature whose themes and actions deal with diseases—illness, plagues, epidemics—and how they affect both the characters’ dramatic journeys and the societies in which they live.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-019, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-019 – T – 8:00-8:55am
Thomas Ward, Executive Director – Center for Career Development
Section 20

0952-110-020 – TR – 9:25-10:40am
Sandra Castro, Adjunct Professor – Department of Sociology

The Coming of Age of Families & 2nd Generation Immigrants in US

This course explores the experience of second-generation immigrants and their families in their engagement with American institutions: schools, government, the media, and the economy. It examines the intersection between legal status, culture, gender, and generational relations when analyzing the social forces that create opportunities, and/or reproduce structural obstacles for mobility.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-020, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-020 – T – 8:00-8:50am
Michael McLeod, Associate Treasurer/Budget Director – Office of the Treasurer

Section 21

0952-110-021 – TR – 9:25-10:40am
Martin Garrell, Professor – Department of Physics

Environmentalism: From Teddy Roosevelt to Obama

The conservation movement in America began around the time of the Civil War and evolved into an environmental movement which stalled after 1980. Today it is at a crossroads. Our course traces its 150 year history.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-021, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-021 – R – 8:00-8:50am
Ana De Leon, Administrative Assistant – Faculty Center for Professional Excellence

Section 22

0952-110-022 – TR – 10:50am-12:05pm
Kermit Frazier, Professor – Department of English

Drama and Disease

Through reading plays and viewing film adaptations, students will examine, discuss, and write about dramatic literature whose themes and actions deal with diseases—illness, plagues, epidemics—and how they affect both the characters’ dramatic journeys and the societies in which they live.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-022, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-022 – R – 9:25-10:15am
Gary Schechter, Math/Science Coordinator – College of Arts & Sciences
Section 23

0952-110-023 – TR – 10:50am-12:05pm
Lahney Preston-Matto, Associate Professor – Department of English

The Vikings!
This course will explore the reputation and the reality of the Vikings, from the Middle East to Vinland, from 750 - 1200 CE. How did the Vikings view themselves and their world? We will look at their role as explorers, merchants, town-builders, and artists from both internal and external perspectives.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-023, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-023 – R – 9:25-10:15am
Gregory Bosch, Assistant Director, Auxiliary Services – University Center

Section 24

0952-110-024 – TR – 10:50am-12:05pm
H. Robert Perez, Associate Professor – Exercise Science, Health Studies, Physical Ed & Sport Management

A Study of Physical Activity Relative to the Inactive Lifestyle
We will identify and analyze problems associated with inactive lifestyles. We will investigate how low energy output can cause hypokinetic disorders that reduce longevity. Myths associated with physical activity will be evaluated and compared to research findings. This course should enable students to develop a comprehensive program of wellness.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-024, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-024 – R – 9:25-10:15am
H. Robert Perez, Associate Professor – Exercise Science, Health Studies, Physical Ed & Sport Management

Section 25

*0952-110-025 – R – 12:15-1:30pm
Patricia Marcellino, Professor – Ammon School of Education
& Lisa Minicozzi, Assistant Professor – Ammon School of Education

Thinking and Learning in the 21st Century
This course is designed to examine theories of learning and the complexities therein. Students will explore various learning styles and identify their individual learning preferences. Through hands-on activities and experiential learning opportunities, students will gain insight into how they think, learn, and process information.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-025, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-025 – R – 10:50-11:40am
Lauren Pecoraro, Assistant Director – Center for Student Involvement
Section 27
*0952-110-027 – T – 12:15-1:30pm  
Clara Bauler, Assistant Professor – Ammon School of Education  
**Multilingualism in Schools and Society**  
In this course students will critically examine and discuss key social and educational issues in the study of multilingualism. Through in-class and online learning tasks/projects, students will question assumptions, concepts, and understandings of multilingualism, as well as analyze problems of linguistic diversity and equity in schools, media, and society.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-027, MUST ALSO TAKE:  
First Year Orientation Experience  
0952-100-027 – R – 10:50-11:40am  
Alexandra Borgersen-Lackner, Assistant Director – Alumni Relations & Development

Section 28
0952-110-028 – TR – 1:40-2:55pm  
Jacqueline LaMon, Associate Professor – Department of English  
**Writing to be Heard**  
In this seminar, students will contemplate the written word as the foundational element of human interaction – especially in our world of evolving technologies. By giving life to the words we find in print, students will perform literary texts, write and render speeches, explore the audio/visual world of YouTube, and more.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-028, MUST ALSO TAKE:  
First Year Orientation Experience  
0952-100-028 – T – 12:15-1:05pm  
Camille Pajor, Student Conduct Coordinator – Department of Student Conduct & Community Standards

Section 29
*0952-110-029 – R – 1:40-2:55pm  
Patricia Marcellino, Professor – Ammon School of Education  
& Lisa Minicozzi, Assistant Professor – Ammon School of Education  
**Leadership & Team Building in the 21st Century**  
Current and future leadership and team building practices will be reviewed for college and career development – regardless of your intended major or career direction. Using a learning inventory as a backdrop, students will learn to communicate, collaborate, and create.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-029, MUST ALSO TAKE:  
First Year Orientation Experience  
0952-100-029 – R – 12:15-1:05pm  
Teresa Pisano, Alumni Relations Officer – Office of Alumni Relations & Development
Section 30

0952-110-030 – TR – 1:40-2:55pm
Paul Moravec, Professor – Department of Music
Intro to the Study of Song and the Craft of Songwriting
We will examine the literature of song words set to music, in its variety of forms, genres, and uses, as well as how songs are constructed. In addition, we will be composing song lyrics to specific models considered in our survey.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-030, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-030 – T – 12:15-1:05pm
Maria Birch, Senior Employment Specialist – Human Resources

Section 31

0952-110-031 – TR – 3:05-4:20pm
Judith Baumel, Professor – Department of English
The World of Remy Charlip
Writer, dancer, choreographer, and teacher, Remy Charlip was designated a Library of Congress National Treasure in 1997. His many books for children include “Fortunately” in print continuously for 50 years. This course will consider the range of Charlip’s work, the avant-garde world of mid 20th century culture, and Charlip’s enduring legacy.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-031, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-031 – T – 1:40-2:30pm
Carol Lucas, Director of Counseling & Support Services - Student Counseling Center

Section 32

0952-110-032 – TR – 3:05-4:20pm
Paul Rukavina, Associate Professor – Exercise Science, Health Studies, Physical Ed, & Sport Management
Motivation in Sport, Physical Activity, & Education Contexts
What is the nature of motivation, and how can our understanding help increase our performance? As a class, we will explore the complex nature of motivation in sport, physical activity and education contexts, discussing what various experts have written about motivational antecedents and consequences, and what this implies for success.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-032, MUST ALSO TAKE:
First Year Orientation Experience
0952-100-032 – R – 1:40-2:30pm
Lauren Purcaro, Senior Assistant Director – Center for Student Involvement
Section 33
0952-110-033 – TR – 3:05-4:20pm
Brian Wygal, Assistant Professor – Department of Anthropology
**Exploring Humanity**
Anthropology is the study of humans, past and present. Join us for an introduction to Anthropology through class discussions of readings and independent research. Students will bridge the natural and social sciences in a way that fosters engaged inquiry and strengthens learning skills at the university level.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-033, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-033 – T – 1:40-2:30pm
Jennifer Ganley, Coordinator – The Learning Center

Section 34
*0952-110-034 – T – 4:30-5:45pm*
Dolapo Adeniji-Neill, Adjunct Professor – Exercise Science, Health Studies, Physical Ed, & Sport Management
**Shaping a Better World: Exploring Global and Gender Issues**
Gender Studies investigates the significance of gender in every aspect of life. The central intellectual question of this field is, “How is gender inequality created and sustained, and with what consequences for different groups of women?” We explore this question through films and other media.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-034, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-034 – T – 3:05-3:55pm
Linda Gundrum, Director – Recreation & Intramural Sports

Section 35
0952-110-035 – TR – 4:30-5:45pm
Robert Goldberg, Associate Professor – Department of Accounting, Finance, and Economics
**Your Money AND Your Life: A Course in Personal Finance**
The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-035, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-035 – R – 3:05-3:55pm
Mary Beth Graves, Administrative Assistant – College of Arts & Sciences

*Denotes hybrid course, 30-79% of instructional session is conducted online.*
THE FOLLOWING SECTIONS ARE RESERVED FOR LEVERMORE GLOBAL SCHOLARS ONLY

Should you be interested in joining the Levermore Global Scholars program (with an emphasis on global learning and community action) please contact Dr. Susan Briziarelli, (Ext. 4118) Academic Director – Levermore Global Scholars (877-4190) or speak with your Orientation Leader.

LGS Section 1
0960-110-LGS 001 - TR – 10:50-12:05
Sarah Eltabib, Academic Tutor – Department of General Studies

Human Rights & Social Movements:
This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0960-110-001, MUST ALSO TAKE:

First Year Orientation Experience
0960-100-001 – F – 1:15-2:05pm
Sarah Eltabib, Professor – Department of General Studies

LGS Section 2
0960-110-LGS 002- MW – 2:25-3:40pm
Devin Thornburg, Professor – Ammon School of Education

Children, Peace, and Violence
This course will address themes of peace and violence, both historically and today, among children and adolescents. Students will learn about stages of development that contribute to aggressive behavior as well as how social and cultural forces (in communities and schools) both contribute and modify this. Local, national, and global examples will be offered in the course. Using media accounts, fiction, film, and research studies, students will gain a greater appreciation of the dynamics of violence (for example, gangs, racial violence, bullying, gender violence) and efforts to resolve conflicts and create peaceful environments will be studied. The emphasis will be on what students can do in their own daily lives (within their choice of career and as citizens) to help to promote peace among youth. This will include a community service project that will be part of the course requirements.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0960-110-002, MUST ALSO TAKE:

First Year Orientation Experience
0960-100-002 – F – 1:15-2:05 PM
Devin Thornburg, Professor – Ammon School of Education