Welcome to Adelphi!

In the following pages, you’ll find descriptions of classes designed by faculty around campus on a whole range of topics. Please take some time to read through all of these classes and consider exploring a topic you might never have thought about studying before. After all, one of the most exciting things about the transition from high school to college is that you’re going to be exposed to new ideas and disciplines (Gender Studies, Anthropology, Environmental Studies, among others). Whichever First Year Seminar you take, you’ll get to work alongside a faculty member and a Peer Assistant Leader (PAL) as you and your classmates begin your journey at Adelphi.

Salvatore Petrilli
Associate Dean for General Education
petrilli@adelphi.edu

FIRST YEAR SEMINARS - Fall 2020

Please consult the General Education Requirements or go to E-campus, open CLASS, then Fall 2020 courses, and look under the department “Freshman Experience (0952)” for updates of course descriptions, staffing, scheduling, and availability. Students are invited to check CLASS periodically to see if any seats have opened up in those sections, or if any new course sections have been added.

CLOSED CLASSES ARE HIGHLIGHTED

Please note: Students in Section 020 can earn a certificate (mindfulness) and possibly, experience working with a criminal justice nonprofit organization which can be added to their linked in profile. See complete course listing below.

Section 1 - CLOSED
0952-110-001– MW – 8:35-9:50am
Abdin Chande, Associate Professor – Department of History
Epics, Legends and History
What do stories of heroes, dreamers, travelers, monsters inform us about an age of real and mythical intermingling? This seminar interrogates the contours of "history," "fact," "fiction," "myth," when studying epics: Gilgamesh, Sundiata, Iliad, Mahayana, and others. A central question is how to use narratives to understand cultures we study.

Section 2
0952-110-002- MW - 8:35-9:50am
Athanasia Biska, Adjunct Faculty - Department of Languages, Literatures and Cultures
Greek Influences on the World
Throughout history Greeks contributed much to Modern Society: We will study how their achievements in science, mathematics, medicine, philosophy, architecture, technology, politics, literature, arts, logic, concepts and ideas shaped our world. We will learn basic Greek elements in English language that will improve the understanding of our language and communication-skills.
Section 3
0952-110-003- MWF 9:00-9:50am
Natalie Johnson, Adjunct Faculty - Department of Human Resources
Sex, Law and Power
Understanding power relations requires attention to context, particularly social values, cultural mores and communal norms shaping society. This course explores the process by which “sexuality” (understood broadly to include gender and sexual difference) is constituted through relations of power and comes to shape the lives of everyday citizens.

Section 5 - CLOSED
0952-110-005 – MWF – 10:00-10:50am
Kim Mullins, Associate Professor – University Libraries
Brain-Based Learning Strategies
This course investigates metacognitive strategies that help students “think” about their “thinking”. Students actively investigate evidence-based cognitive strategies that both support and impede learning. Students reflect upon the various strategies through journaling and ultimately developing a personalized learning plan.

Section 6 - CLOSED
0952-110-006 – MWF – 10:00-10:50am
Margaret Cassidy, Professor – Department of Communications
Early Child Development and Media
This course examines early childhood development from birth to age 3 in order to understand the role of media in young children's lives. Students will explore the cognitive, social, emotional, and physical development of young children and the impact that media might have on these aspects of development.

Section 7 - CLOSED
0952-110-007 – MWF – 10:00-10:50am
Jonathan Hiller, Associate Professor – Department of Languages, Literatures, & Cultures
War in Italy, Antiquity - WWII
Students will analyze works of literature, opera, and cinema that explore the theme of warfare in Italy from the Ancient Roman period through the Second World War. No knowledge of the Italian language is required to take this course.

Section 11
0952-110-011- MWF 11:00-11:50am
Jonathan Gargiulo, Adjunct Faculty - Department of Health and Sport Sciences

**Psychology of Happiness**

In this course you will engage in a series of challenges designed to increase your own levels of happiness and build more productive habits. As preparation for these tasks, we will reveal misconceptions about happiness, inability to forecast our own sustainable happiness, and the research that can help us change.

---

**Section 15 - CLOSED**

**0952-110-015** – MW – 2:25-3:40pm  
Ryan Ehrhart, Lecturer – Environmental Studies & Sciences

**Into the Wild: Humans Impacting Wilderness**

Students will explore how human activities impact wilderness areas, how evolving relationships with wilderness are part of larger political, economic, and cultural movements, and how our socially constructed ideas of wilderness change over space and time. Students will also investigate what are the best strategies to preserve wilderness.

---

**Section 18 - CLOSED**

**0952-110-018** – MW – 2:25-3:40pm  
Laura Quiros, Associate Professor – School of Social Work

**Trauma & the Work of Social Justice**

Students will study writers such as bell hooks, Paulo Freire, and Chimamanda Ngozi Adichie to understand the nature of trauma from various critical perspectives. They will come away with a strong understanding of how trauma, privilege, and difference manifest in how we communicate, lead, and work with each other.

---

**Section 19 - CLOSED**

**0952-110-019** – MW – 2:25-3:40pm  
Michael D’Emic, Assistant Professor – Department of Biology

**Dinosaurs in the News**

New fossil discoveries are constantly in the news, and every year scientists learn new and exciting things about the biology of extinct animals such as dinosaurs. By examining the latest dinosaur discoveries, students will learn about the science behind the headlines and how to evaluate the quality of scientific journalism.

---

**Section 20 - CLOSED**

**0952-110-020** – MW – 2:25-3:40pm  
M. Cristina Zaccarini, Associate Professor – Department of History

**Mindfulness & the Study of History**

Students will learn and apply mindfulness techniques – to their own lives, the lives of others, and the interpretation of historical sources. Our conversations about topics such as perspective and empathy will include a careful exploration of the writings and experiences of people incarcerated in correctional facilities. Students who take this class can earn a certificate (mindfulness) that can be added to their linked in profile, and possibly, experience working with a criminal justice nonprofit organization which can be added to their linked in profile.
Section 21  
0952-110-021 – MW – 4:15-5:30pm  
Claudia McGivney, Assistant Professor – University Libraries  
**Reading Graphic Narratives**  
This course will explore graphic literature and manga (a form of Japanese comics) as modes of storytelling. As we discuss and interpret these works together, students will become more critical and reflective readers of both images and text. Readings include graphic novels and manga, non-fiction graphic novels, and adapted works.

Section 22 - CLOSED  
0952-110-022 – MW – 4:15-5:30pm  
Edmund Pajarillo, Associate Professor - Department of Nursing  
**Global and Multidiscipline Health Roles**  
This is one of two General Education foundational workshop courses where students will learn fundamental concepts and worldviews from the perspective of healthcare interprofessional disciplines. The aim is to instill self-reflections and experiential inquiries to explore complex global health issues that require multifaceted approaches in addressing its compounding intricacies.

Section 26 - CLOSED  
0952-110-026 – TR – 8:00-9:15am  
John McDermott, Assistant Professor – Department of Theater  
**Singing in the Rain**  
As the Roaring 1920’s became the Depression 1930’s, American culture evolved in exciting ways. In this course, students will explore the decade leading up to World War II, an era when talkies, radio, songwriting, and graphic arts flourished amid the repeal of alcohol prohibition and expanded federal funding for artists.

Section 31 - CLOSED  
0952-110-031 – TR – 9:25-10:40am  
Michael Christofferson, Professor – Department of History  
**In Our Times: Reading The Newspaper**  
Living in the present and being an informed citizen require knowledge of contemporary issues that can best be obtained by reading a newspaper. In this semester, students will become informed by reading *The New York Times* and other newspapers, and debating and writing about the issues they cover.

Section 33 - CLOSED  
0952-110-033 – TR – 10:50am-12:05pm  
Laraine Wallowitz, Associate Professor – Ammon School of Education  
**Gender Studies**  
What role does gender (both masculinity and femininity) play in our lives? What does it mean to be a feminist? Using both print and non-print sources, students will explore the answers to these questions as we investigate together the changing notions of gender in the U.S. and around the globe.
Section 34 - CLOSED
0952-110-034 – TR – 10:50am-12:05pm
H. Robert Perez, Associate Professor – Department of Health & Sport Sciences
Fitness & The Active Lifestyle
This course explores problems associated with inactive lifestyles. Among other topics, students will study how low energy output can cause hypokinetic disorders that reduce longevity and will investigate myths associated with physical activity. This work will help students develop individualized programs of personal wellness.

Section 35 - CLOSED
0952-110-035 – TR – 10:50-12:05pm
Susan Kilgore, Visiting Assistant Professor – Environmental Studies & Sciences
Into the Wild: Peaks to Plains
What is wild? Do humans benefit from wilderness? In the U.S. interior, thousands of acres of pristine land are designated as Wilderness. Although preservation is the goal for these areas, they are vulnerable to human pressures and climate change. We will explore these wild places and the challenges they face.

Section 36 - CLOSED
0952-110-036 – TR – 10:50am-12:05pm
Jacqueline Olvera, Assistant Professor – Department of Sociology
Beliefs, Morals, & College Life
Is deciding between “right” and “wrong” purely personal? Students explore beliefs and moral judgments about everyday college life issues. Through collaborative activities and assignments, we will share our beliefs and uncover how groups we belong to, organizations we join, and institutions that shape us influence what we view as moral.

Section 40 - CLOSED
0952-110-040 – TR – 12:15-1:30pm
Joan Schimke, Associate Professor – Department of Communications
Film & the Immigrant Experience
How are immigrants to the United States portrayed in film? Students in this class will consider how cinematic portrayals of the immigrant experience contribute to the American understanding of immigration and its connection to a shared national identity. Films will include The Godfather Part II and An American Tail.

Section 41 - CLOSED
0952-110-041 – TR – 12:15-1:30pm
Melanie Bush, Professor – Department of Sociology
Community, Love and Justice
At a time when the social world is increasingly chaotic, this course explores these principles as a guide for a “better tomorrow.” We will consider what they mean for individuals, groups, and society as a whole, and how they can be a foundation for social policies, everyday life and practices.
Environmentalism had its U.S. origins in western and native land traditions, developed through the 19th century conservation movement, then burst forth in the 20th century. Students will explore the challenges and opportunities of 21st century environmentalism both on campus and beyond.

Multilingualism in Schools & Society
In this course students will critically examine and discuss key social and educational issues in the study of multilingualism. Through in-class and online learning tasks/projects, students will question assumptions, concepts, and understandings of multilingualism, as well as analyze problems of linguistic diversity and equity in schools, media, and society.

Justice with Strangers
Via dialogues, mini-lectures, text, and research, this multidisciplinary course engages the question: In our shared world, what do I owe strangers? Students explore the politics of difference, faces of oppression, and social connection model of responsibility. They find spheres of influence and plan a socially responsible action.

Intro to the Study of Song and the Craft of Songwriting
We will examine the literature of song words set to music, in its variety of forms, genres, and uses, as well as how songs are constructed. In addition, we will be composing song lyrics to specific models considered in our survey.

Building a Culture of Empathy
Many people today grapple with depression, anxiety, and loneliness. Using a sociological approach to this “culture of misery,” this class explores empathy as a tool for improving schools, families, and the criminal justice system. Students will play empathy-building games, attend talks by restorative-justice speakers, and participate in collaborative projects.
Section 49 - CLOSED
0952-110-049 – TR – 3:05-4:20pm
Dolapo Adeniji-Neill, Associate Professor – Ammon School of Education
Gender and the Self
This course introduces the field of Gender Studies to help students make sense of their lives as men and women. As we examine the role of gender in film and other media, students will work on an oral history project exploring the changing nature of manhood and womanhood across generations.

Section 51 - CLOSED
0952-110-051 – TR – 3:05-4:20pm
Kathryn Krasinski, Assistant Professor – Department of Anthropology
Hazards, Disasters and Culture
Earthquakes and volcanic eruptions are natural events, but the resulting disasters are anything but natural. Disasters are influenced by social, economic and historic conditions. Through famous disaster case studies, this course explores the ways cultures perceive and respond to disaster-why some collapse and others adapt.

Section 54 - CLOSED
0952-110-054 – TR – 4:30-5:45pm
Robert Goldberg, Clinical Assistant Professor – Department of Finance & Economics
Your Money AND Your Life: A Course in Personal Finance
The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

Section 55
0952-110-055 – TR – 4:30-5:45pm
Tatiana Bryant, Assistant Professor – University Libraries
Exploring Black Digital Humanities
This course introduces students to the field of Digital Humanities, which applies digital technologies to the study of literature and culture. Students will work in various archives devoted to African, Black, and Caribbean Studies, collaborating on digital research projects and exploring the practical and ethical questions of such work.

Section 57- Formerly Section 61
0952-110-061 – F, Manhattan Center – 12:00-3:20pm
John Drew, Assistant Professor – Department of Communications
Podcasting the City
Designed to introduce students to the art and craft of podcasting, this course uses NYC as our sandbox. Through field trips, guest lectures and field experiments students will learn how to produce and distribute podcasts with NYC as their central protagonist. No previous podcasting or NYC experience necessary.

Section 58
0952-110-058 - MWF 9:00-9:50pm
Jennifer Fleischner

Storytelling and Illness

Have you ever tried describing an experience of being ill? Your own experience, or another’s? Did you feel understood, or not? We will read narratives of illness to ask fundamental questions about how stories of illness are given and received and what they tell us about ourselves, our relationships, and culture.

---

LIVING-LEARNING COMMUNITY FIRST YEAR SEMINARS

(Open to Residential Students Only)

The following two sections of the First Year Seminar are tied to the First Year Living-Learning Community in New Hall B, in which students of all majors live and learn together through a variety of shared experiences – extending from the on-floor classroom in the residence hall (where these First Year Seminars will be held), to the broader campus, Long Island, and New York communities. With an emphasis on experiential learning, this program is a great opportunity for students to make friends, earn credits that are required for all first-year students, and be part of student life from their very first day at Adelphi. For questions regarding the required on-campus living component of this program, please visit housing.adelphi.edu/options/#fyllc, call the Office of Residential Life and Housing 516-877-3650, or email housing@adelphi.edu.
Learning to Lead
This leadership-oriented seminar introduces students to life at Adelphi, both academically and socially. Through experience-based learning activities, students will explore the principles of relational leadership and develop collaboration, leadership, and communication skills to enable them to become successful in college, in their chosen career, and in their communities.

Compassionate Citizenship
Students will identify and develop the dispositions and practices of engaged citizens in the 21st century. In addition to reading texts focused on what it means to be an “awake” citizen and meeting with diverse “agents of change,” students will participate in service and advocacy outreach on and off campus.
The following sections are reserved for Levermore Global Scholars (LGS) students. LGS is a learning community focusing on global learning, social justice and civic engagement that is open to students from all majors, who fulfill most of their general education requirements through the program. If you are interested in joining LGS, visit the LGS webpage. To learn more, then contact Dr. Katie Laatikainen, Professor and Director of International Studies, and LGS Academic Director, at laatikai@adelphi.edu or Peter DeBartolo, Administrative Director, at pdebartolo@adelphi.edu.

**LGS Section 1**

**0960-110-001** – TR – 1:40-2:55pm  
Sarah Eltabib, Senior Lecturer – General Studies  
**Human Rights & Social Movements**  
This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

**LGS Section 2**

**0960-110-002** – TR – 10:50-12:05pm  
Jonathan Cristol, LGS Research Fellow – General Education  
**Weapons of Mass Destruction**  
Are you afraid of WMD? Should you be afraid of WMD? This seminar examines all aspects of WMD – their development, history, use, and non-use. We will look at contemporary case studies of when WMD were used as well as international negotiations (and covert action) to eliminate WMD programs.

**LGS Section 3**

**0960-110-003** – MW – 2:25-3:40pm  
Adam Bucko and Michael Sniffen, Adjunct Professors – General Education (Interfaith Center)  
**Mindfulness and Justice**  
In the face of environmental and humanitarian crises, finding meaning and purpose in life is a challenge. Life-stories of great spiritual leaders are an inspiring resource. Discover the human capacity for spirituality and reveal your part in envisioning a world that is just for all, not just for some.

rev. 6.5.20